

African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Squat of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Deadlift of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Total of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Junior Bench Press
Only class.

Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Squat of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Deadlift of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Total of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nicole Hasell

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -57kg weight division, Equipped Women's Open Bench Press Only
class.

Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Chante Mulder

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 95kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Equipped Women's Subjunior Bench Press
Only class.

Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Chante Mulder

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 95kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Equipped Women's Junior Bench Press
Only class.

Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Squat of 342,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 175kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Deadlift of 310kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Total of 827,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Squat of 342,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 175kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Deadlift of 310kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Total of 827,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Justin Furman

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 175kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Equipped Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -120kg weight division, Equipped Men's Junior Bench Press Only
class.

Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ava Bezuidenhout

Of the nation

South Africa

On the 9th day of September 2024
achieved a Squat of 122,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -84kg weight division, Classic Women's Subjunior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Ava Bezuidenhout

Of the nation

South Africa

On the 9th day of September 2024
achieved a Squat of 122,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -84kg weight division, Classic Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Charnleigh Kotze

Of the nation

South Africa

On the 9th day of September 2024
achieved a Squat of 155kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Classic Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Charnleigh Kotze

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 95kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Classic Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Charnleigh Kotze

Of the nation

South Africa

On the 9th day of September 2024
achieved a Deadlift of 177,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Classic Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Charnleigh Kotze

Of the nation

South Africa

On the 9th day of September 2024
achieved a Total of 427,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Classic Women's Junior class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Charnleigh Kotze

Of the nation

South Africa

On the 9th day of September 2024
achieved a Squat of 155kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Classic Women's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Charnleigh Kotze

Of the nation

South Africa

On the 9th day of September 2024
achieved a Total of 427,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Classic Women's Open class.
Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Charnleigh Kotze

Of the nation

South Africa

On the 9th day of September 2024
achieved a Bench Press of 95kg in accordance
with the rules of the
International Powerlifting Federation
at the 2024 World Subjunior and Junior Classic Powerlifting
Championships
in St Paul's Bay, Malta

This constitutes an African Record
in the -69kg weight division, Classic Women's Junior Bench Press Only
class.

Dated this 9th day of September 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



3/2

